

Wisdom of Water, Plants and Prayer, Part 2

March 13-20, 2025

Join Dr. Rosita Arvigo and Eva Sengfelder as they deep dive into spiritual healing techniques for a week of transformational learning.



Class fee \$2,250 USD



Rainforest Remedies



Pool

Deepen your own spiritual practice while basking in the Belizean tropical sun. This small class is open to anyone who has previously taken a class based on the spiritual healing teachings of Don Elijio Panti and Dr. Rosita Arvigo.

You'll deepen your knowledge and understanding of ancient spiritual techniques such as:

- ② Exchange experiences and challenges.
- ② Learn more spiritual ailments e.g. Night terrors
- ② Lost souls, ghosts or spirits who are trapped and need help
- ② Unemployed Spirits - Maldad
- ② Additional modalities: Flower essences.
- ② Use of a pendulum for chakra balancing and more.
- ② There will be time for amulet making and daily spiritual baths.
- ② The week culminates with a sacred Maya Primicia.

All this is included...

The retreat is held at Eva Sengfelder's beautiful tropical home *Arco Iris Permaculture Farm* in Cayo District, Belize. This is home to [Rainforest Remedies](#), where these herbal remedies are grown and produced.

- ② All vegetarian meals (vegan, fish and meat on request).
- ② Accommodation.
- ② Airport transfers.
- ② Class materials.
- ② 'Free day' – Excursion to a Maya temple, learn about Cacao and see a giftshop.



Arco Iris Permaculture Farm



Spiritual healing garden

On completion you will receive:

- ☉ Certificate of attendance.
- ☉ Access to our resources.
- ☉ Ongoing professional support.

Book your place - Class is limited to 12 participants.

Email Eva: belizeclasses@gmail.com

Price: \$2,250 USD – the Flight is not included.

Deposit: \$550 USD by Zelle to rainforestremediesbelize@gmail.com

Balance due: 6 weeks before class starts or as agreed.

Covid-19: Belize does not require any restrictions effective 12th July 2022.

[Click here for the latest COVID-19 Belizean Government guidelines.](#)

Belize Travel Health Insurance is highly recommended get it **[here!](#)**

Please register with **[this link:](#)**

